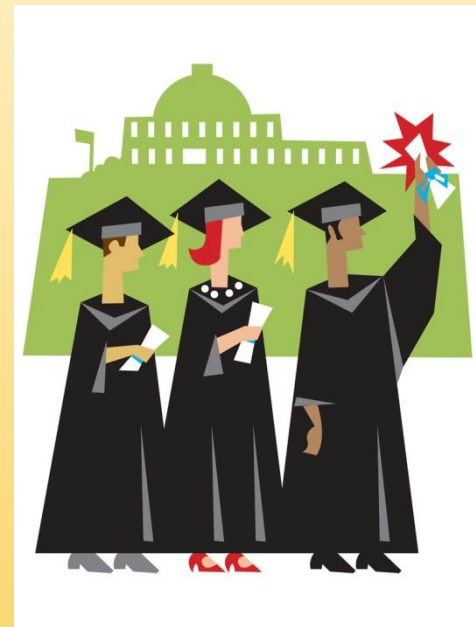
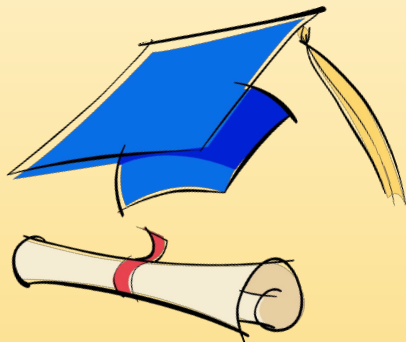


# ASAP Student Meeting

9-15-2020

Meeting 1



# Ice Breaker Activity

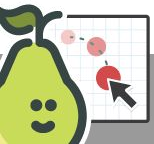
Would you rather....



# Would you rather be super strong or Super fast??

Super strong

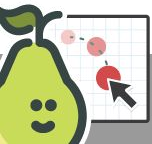
Super fast



Students, drag the icon!



# Would you rather be on Instagram or Snapchat?



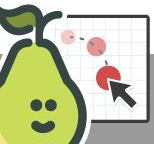
Students, drag the icon!



Would you rather live without  
your phone or PC/laptop for six  
months?

Phone

PC/Laptop



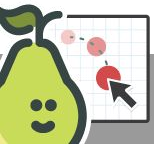
Students, drag the icon!



Would you rather never have  
homework again or be paid to do  
your homework?

No Homework

Paid Homework



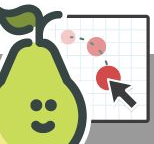
Students, drag the icon!



Would you rather have a hybrid  
schedule or virtual schedule?

Hybrid

Virtual



Students, drag the icon!



# Mentor/ Mentee Time

## Juniors & Seniors - We need mentors

- A+ Hours
- Community Service on Resume
- “Pay it Forward”
- Sign up: <https://forms.gle/BqMdCdENmp32Qh2XA>





# Mentees - Freshmen & Sophomores

## Why should you have a Peer Mentor?

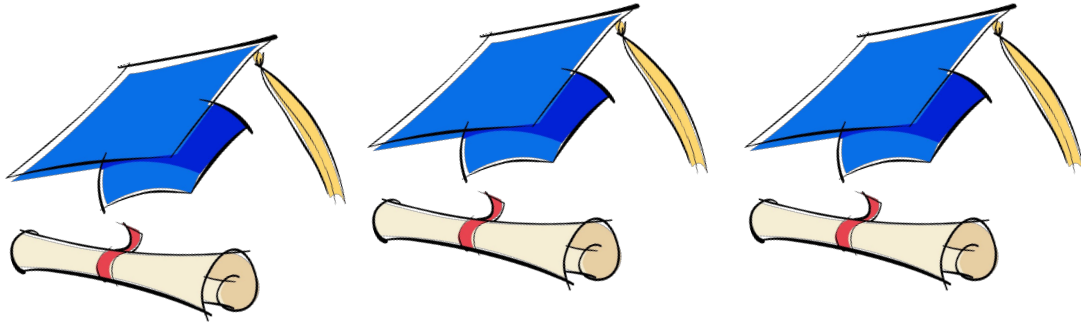
-Connection/advice/support

Sign up: <https://forms.gle/dAMbD4tcJSvMG7UB9>



Seniors Breakout with Miss Peggy

# College Planning



# Taking a Stress Poll



# Effective Planning & Time Management



# Time/Stress Management:

As we near the midterm (this week) several of you all may be experiencing some form of overwhelm or stress with managing virtual school and personal life. A few ways to make the best use of your time is managing it! Time management starts from when you awaken and doesn't end until you go back to bed.



# Ways to Manage Stress:

- Wake up at least 30 mins prior to activity (school begins at 9:55am, you should be up by at least 9:20)
- Be accountable for your time hourly
  - organize your time every hour
  - work in an additional 90 mins of academics daily (without distractions)
  - backwards planning from due date
  - using your Google Calendar or personal Calendar for visual reminders
  - moments of clarity or brain breaks
  - making sure you are continuing with a healthy diet and movement
  - advocating with teachers and using resources (Peer Tutoring)

## Time Management Worksheet

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00							
8:00		Wake-up hour					
9:00							
10:00		School					
11:00		Day					
12:00		Attend					
1:00		classes.					
2:00		2:30p Until					
3:00		4pm					
4:00		additional					
5:00		academic					
6:00		time					
7:00							
8:00							
9:00							
10:00							
11:00							

# Wake Up Hour 8-9am

- Get up and complete reflection, body check, and meditation/affirmations
- Get some nourishment: Breakfast and hydration
- Review your days events: school, work, chores, activities
- Make sure you are prepared for your classes and have a grasp on the discussion
- Have your homework/classwork completed and prepared for exams or class discussions
- Feeling confident and courageous to turn on camera for a more efficient zoom meeting.



# School Day Slide

- logging into to classes on time
- remaining engaged and on topic during class
- asking questions and involved in discussions
- submitting classwork and homework on time
- scheduling time outside of class for support if necessary

# Additional Academic Time

- Minimally 90 mins of undistracted academic time to complete school work, prepare for next day, comprehend and apply knowledge
- Work through assignments and prepare for upcoming work/assignments
- create questions or follow-ups for teachers
- work with Peer Tutor or ASAP mentor during this time
- Work with teacher during this time for more intentional support
- review grades and upcoming important dates

# Upcoming Honors Course Curriculum:

## Math:

- Honors Geometry: Finishing with Parallels and Transversals
  - Distance Formula
  - Areas and Surface Areas
- Honors Alg2/Trig: Finished Systems of Equations and Quadratics
  - Starting on Polynomials

## Science:

- Honors Biology: Basic Chemical Structures
    - Bonding 4 major macromolecules
  - AP Biology: Biochemistry Unit
    - Starting the Tour of the Cell
- \*will finish 4 units this quarter

# Upcoming Honors Courses Curriculum:

## **Social Studies:**

AP US Gov: Just tested over Foundations of American Democracy/American Political  
Next unit will focus on exploring Political ideology and Political  
Socialization

AP US History: Finishing Industrial Revolution  
Focusing on Imperialism and Women's Rights Movement  
\*\*Big individual semester project due at the end of the quarter\*\*

AP World History: Discussing the Major World Religions

## **English:**

Honors English2: Just finished “Catcher in the Rye”  
Starting the book “Night”

Honors English1: Just finished short stories  
Starting “Mice and Men”  
End of Quarter non-fiction Book club

# Questions/Upcoming Events:

## Upcoming Events:

- Virtual College Tours

\*Infinite Scholars <https://tinyurl.com/yycbzoas>

\*NACAC

<https://www.google.com/url?q=https://virtualcollegefairs.org/&sa=D&ust=1600194293063000&usg=AFQjCNHYon501tPCXME9qaEFOUD6yTRV-Q>

## Questions: